

My top 5 this week

- 17 keys to a fulfilling life
- From 6,000 to 167,000 followers
- Learning is a lifelong process
- Want to be a top performer?
- My pivotal ONE month on LinkedIn



17 keys to a fulfilling life



Keith Kittelson • 1st

Helping you live your best life and be the best version of you

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17 KEYS TO A HAPPY AND FULFILLING LIFE

BASED ON FEEDBACK I GOT!



Keith Kittelson

Seek work that is never boring and changes the world

Be kind to yourself, we ' re all works in progress

Pursue passions that ignite your soul

See every day as the miracle it is 1

Don't compare yourself to others

Relationships and experiences

Treat nature with reverence

Define your own self-worth

Embrace gratitude daily

Pursue personal growth

Don 't fear change

Live in the moment

Believe in yourself

Nurture Creativity

Take risks

Give back

BE YOU




QuintSmart
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From 6,000 to 167,000 followers



Hanna Larsson  • Following

I help founders build revenue growth, audience & personal brand 🔥 Fr...
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The Future of Work Newsletter



27 TIPS FROM
2.5 YRS OF
GROWING AN
AUDIENCE

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How To Grow a Valuable Following on LinkedIn



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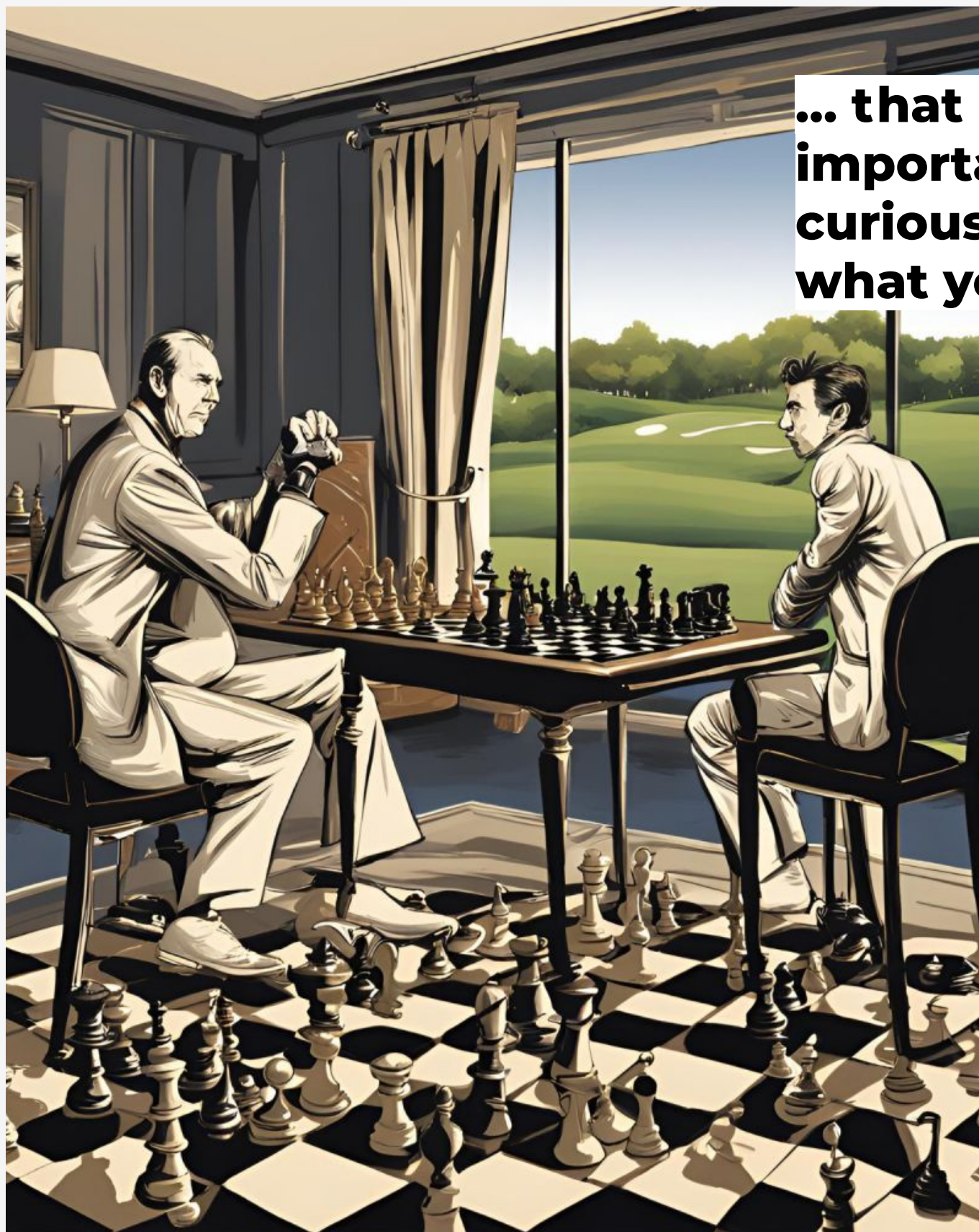
Learning is a lifelong process



Beau Davie · 1st

LinkedIn Rookie started a 90 day challenge on 6 May with 100 Conne...

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... that is why it is important to stay curious about what you do.



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Want to be a top performer? Here's how...



Will McTighe • Following

Founder helping you level up. Follow for insights on career growth. St...

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12 Signs Of A Top Performing Employee Will McTighe ©



Get Things Done

- Set daily goals and review your achievements.
- Focus on being productive.



Listen First, Talk Second.

- Repeat what you hear before responding.
- Show respect and understanding.



Admit Mistakes

- Own your errors.
- Learn and grow from them.



Find Solutions

- Bring answers, not just problems, to your manager.
- Think ahead and be proactive.



Set A Good Example

- Be honest and do the right thing.
- Lead by example.



Show Respect

- Treat everyone well, regardless of their role.
- It creates a happy workplace.



Try New Ideas

- Stay open to new things.
- Flexibility helps you adapt to change.



Always Learn

- Continuously learn new things.
- Improve your skills, both technical and soft.



Stay Humble

- Admit when you're wrong and change.
- Use feedback to improve.



Celebrate Team Wins

- Cheer for your team's successes.
- Teamwork makes the dream work.



Speak Honestly

- Have tough conversations.
- Give direct, kind feedback about actions and their impact.



Avoid Gossip

- Stay away from workplace drama.
- Avoid spreading negativity.



Want a High-Resolution version of this? Sign up for my **FREE** Level Up Community



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My pivotal ONE month on LinkedIn

- 500% higher daily follower growth
- engagement up 2650%
- **25% more total followers**
- **Comments from 0 to 53/d**





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