

My top **5** this week

- Looking to elevate your **communication game?**
- **21 Powerful Self Reflection Questions**
- Why you keep **scrolling social media**
- **You don't need every new AI tool that comes along!**
- **1500 followers in 2 months; a (too) high price**



Looking to elevate your communication game?



ChandraKumar R Pillai • 1st

Top AI Voice | AI & Blockchain Expert | Tech Advisor | Leadership Insights

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8 TED TALKS TO MASTER COMMUNICATION SKILL



- The Skill of **Humor**
by Andrew Tarvin
- The Science of **Flirting**
by Jean Smith
- How **Not to Take Things Personally?**
by Frederik Imbo
- **10 Ways to** Have a **Better Conversation**
by Celeste Headlee
- **Reading Minds** Through **Body Language**
by Lynne Franklin
- How to Make a **Conversation with Anyone**
by Malavika Varadan
- How to **Speak So** That **People Want to Listen**
by Julian Treasure
- **110 Techniques** of **Communication** and **Public Speaking**
by David JP Phillips



21 Powerful Self Reflection Questions



Graham Nicholls • 1st

Founder. I help people to help other people! An internationally best sellin...

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My top 2 of the 21

What habits or beliefs have I outgrown, and how can I let them go?

What am I avoiding in my life, and what is the cost of that avoidance?

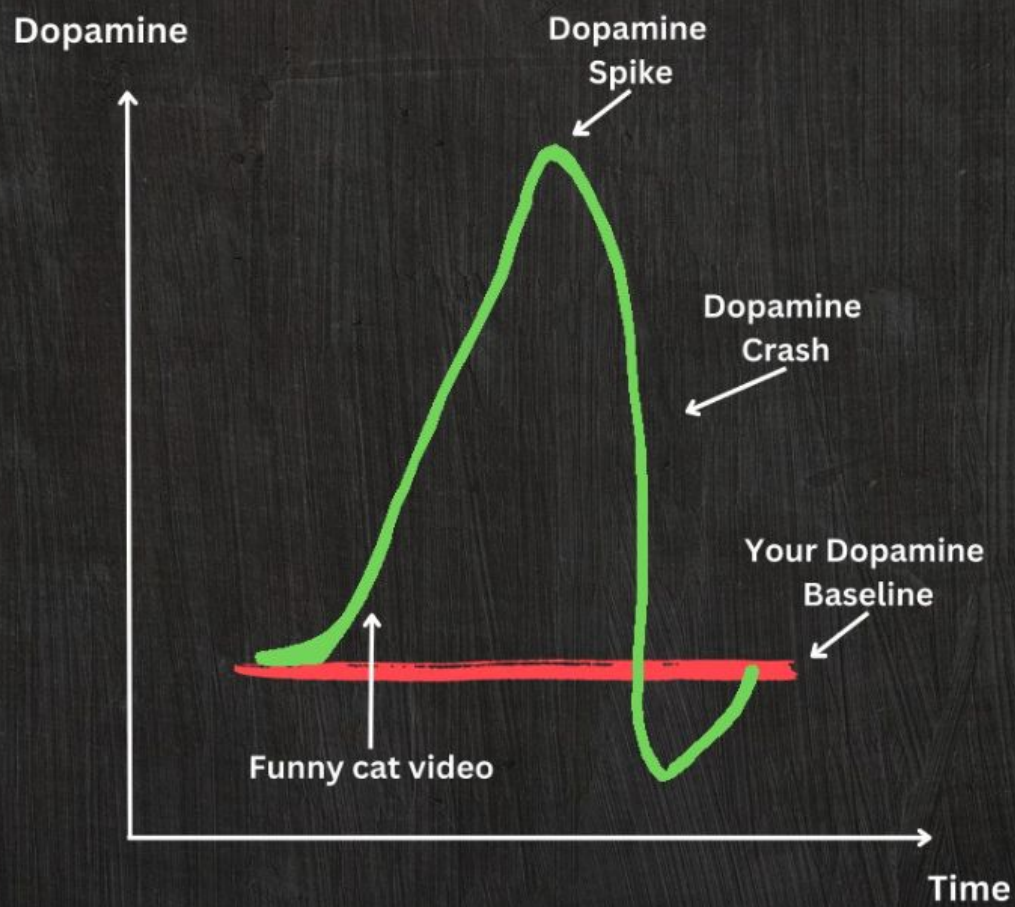


Why you keep scrolling social media



Felix Fischer • 1st
Teaching you how your brain works.
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Here is a single dopamine spike



Felix Fischer
Teaching you how your brain works

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You don't need every new AI tool that comes along!



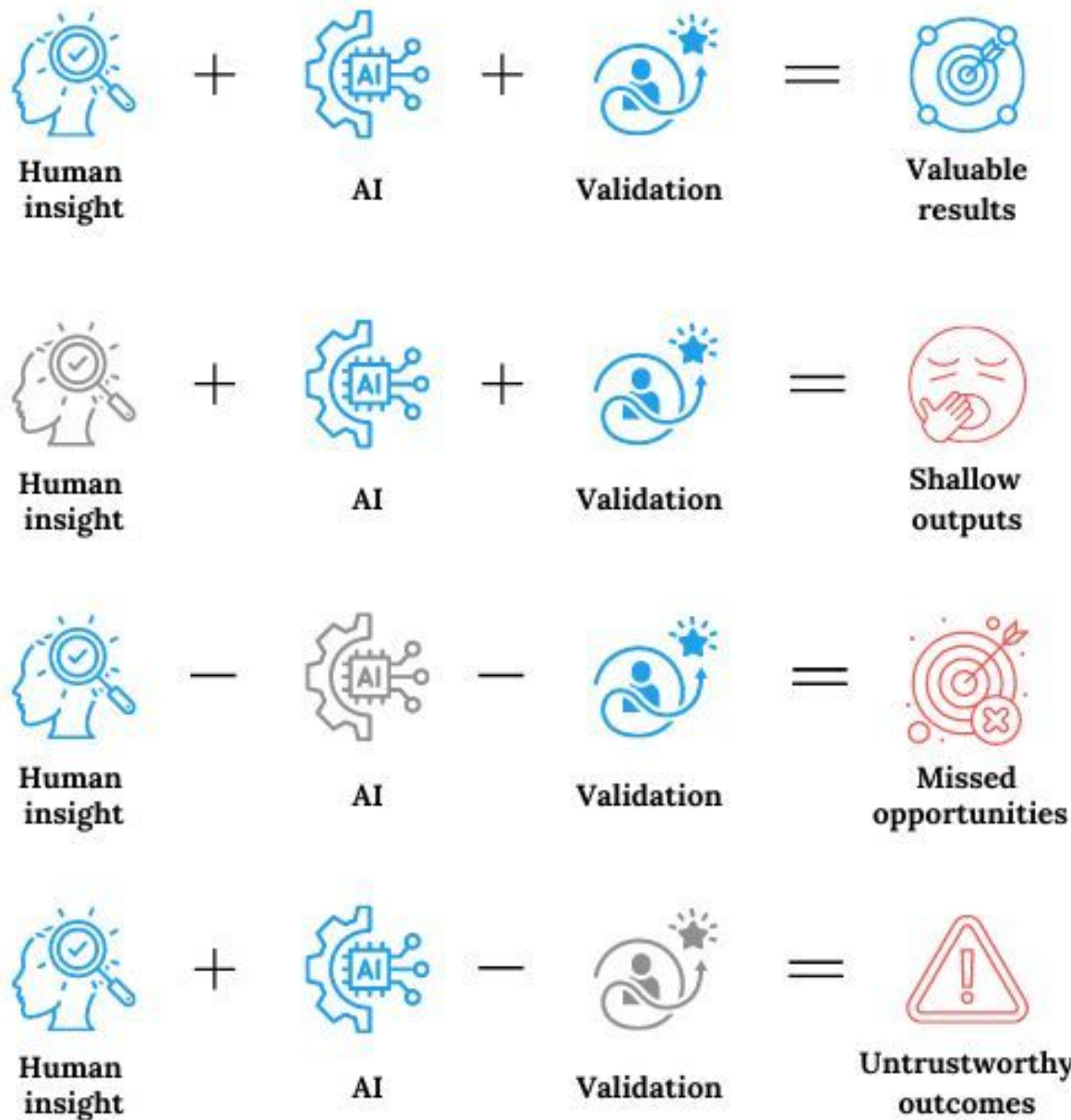
Elena Jaeger • 1st

AI Strategist & Development Expert | No hype, no unrealistic promis...

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Want value from AI? 4 simple formulas to remember.



Graphic inspired by Majd A.

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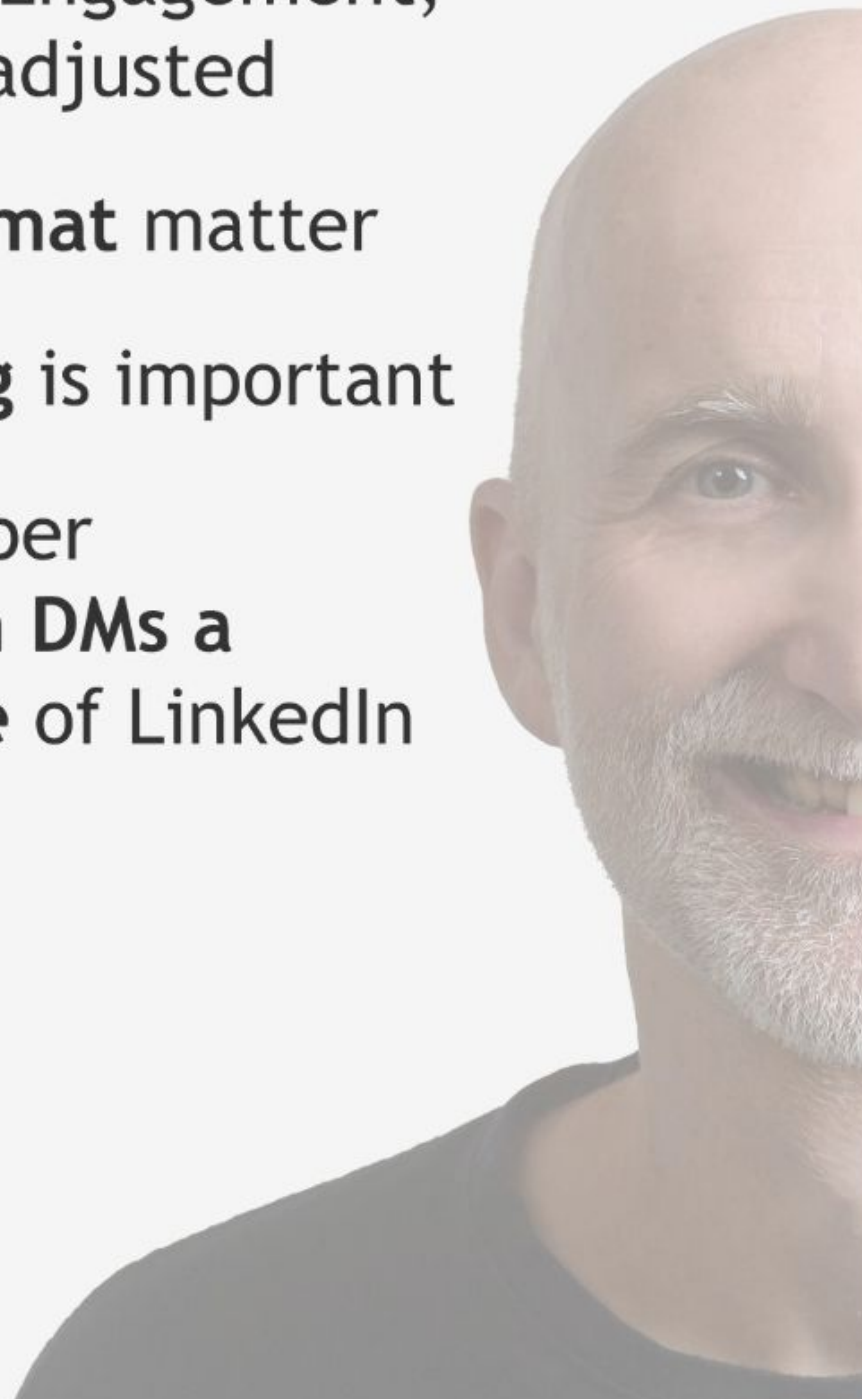
QuintSmart
Excel through Holistic Learning



1500 followers in 2 months; a (too) high price

Insights from 62d LinkedIn

- Engagement drives Engagement, but Quality can be adjusted
- Stories in short format matter
- Actively connecting is important
- Started several deeper connections through DMs a higher hidden value of LinkedIn





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