## My top 5 this week

- → EVERY acronym you need to know as a founder
- → How do you know if your content is good?
- → Wealth is more than money.
- → 21 Ways To Bring

  More Joy Into Your Life
- → I'm a Librarian type of notetaker, You?





### EVERY acronym you need to know as a founder

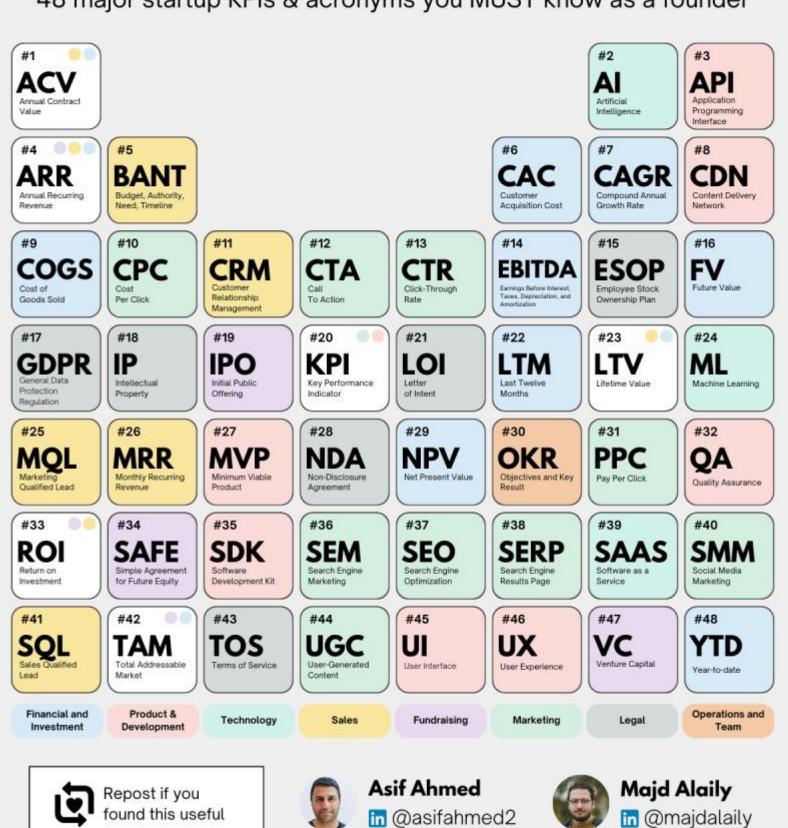


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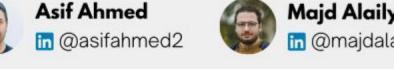
3x Founder | Xoogler | Design Thinking | Follow for daily tips on how to la... 21h • Edited • 🚱

#### The Periodic Table of Acronyms

48 major startup KPIs & acronyms you MUST know as a founder







## How do you know if your content is good?

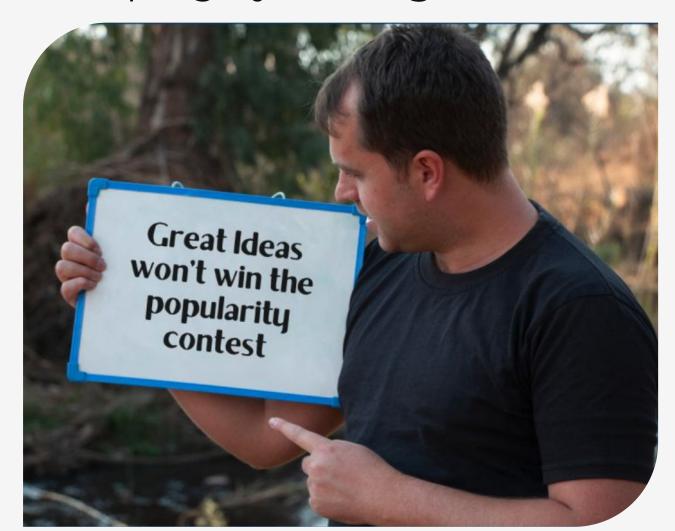


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I write educational email courses and newsletters for executive coaches |...

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- → Do I feel proud of what I published here today?
- → Is there a provocative point of view that I can justify?
- → Is it written so that I give people the best chance of understanding?
- → Does my writing sound like a textbook, or am I provoking emotions?
- → Am I helping by solving someone's pain?







#### Wealth is more than money.



Max Pashman, CFP® in • 1st

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#### What is the top investment you are making?





## 21 Ways To Bring More Joy Into Your Life



Graham Nicholls • 1st

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Bring More Joy Into Your Life · 23 pages

21 Ways to Bring

More Joy

Into Your

Life

<del>Fraham Nicholls 🗸</del>

- → Create a Joy Jar
- → Make a "Joy Playlist"
- → Start a Failure Journal
- → Create a personal ritual
- → Engage in "Mirror Work"
- → Build a daily "Joy Alarm"
- → Create a joyful wardrobe
- → Host a compliment circle
- → Create a vision board of joy
- → Write a love letter to yourself
- → Be a Tourist in your own City
- → Embrace "Digital Detox" days
- → Start a collection of small joys
- → Send surprise notes to friends
- → Plan a spontaneous adventure
- → Dance Like No One's Watching
- → Host a "No Reason" Celebration
- → Explore art through a Child's eyes
- → Practice Mindfulness and meditation
- → Volunteer for a cause that ignites you
- → Engage in improv or spontaneity games



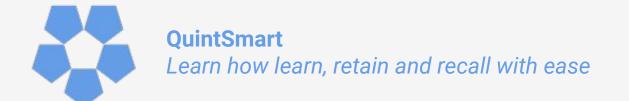


# I'm a Librarian type of notetaker, You?

Librarian



- → Have a practical relationship to info.
- → Save useful, interesting knowledge.
- → Capture **varied**, eclectic sources.
- → Organize for specific purposes.
- → Curate a knowledge collection.
- → Do Project-oriented research.
- → Use a **Hierarchical system**.
- → Serve future self's needs.
- → Avoid content overload.





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