## My top 5 this week

- → Consistency = Growth.
- $\rightarrow$  I wrote it with intention.
- $\rightarrow$  Be a voice, not an echo.
- → Coconut oil isn't just another cooking oil. It's my new secret weapon.
- → The Compounding Secret Sidewalkers Will Never Understand → The Fastlaner's Unfair Advantage



#### **Consistency = Growth.**



#### Chris Brim • 1st

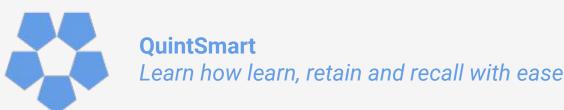
Founder @ Rhetoric First | I help you speak with confidence 3d • 🔇



#### Next time you feel like giving up, remember:

- 1. Every **rep** builds strength.
- 2. Every step creates **momentum**.
- What feels hard today will feel natural tomorrow.

## 4. Keep going.





# Someone reached out to me because of my personal story. It wasn't just any personal story.

#### I wrote it with intention.



Yitian Cheng • 1st People judge a book by its cover, and the content, let me help you get picked 6d • 🚱

Hey Yitian

I really loved your recent posts



- → Inspire and motivating
- → Showcase your values
- → Your failure and lessons

The shift from 0 to 1 changed my mind. I had been a product designer for 3 years by the time I left my job. I have design skills but I was just a screw inside a big machine. Day after day doing the same thing. I felt the urge to do something else, something by myself. By accident, I landed on LinkedIn. They say it's a platform full of opportunities.

le judge a book by its cover, and the content, let me help you get pi ...

How I write personal

story to attract leads

It is, but doesn't mean it is easy.

Yitian Cheng · You

The struggle to get clients was real.

Not only was I clueless about sales, but I also had to wrestle with my self-doubt

If I wanted to get something out of this I had to challenge the old me.

So the more uncomfortable it was, the more I wanted to put myself through it.

Time after time:

Transformation

Personal story about my work

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Relentlessly advertising myself
Socialize with strangers
Showing my works

Then it happened, even quicker than I expected.

My first paycheck from working for myself

I cried, my effort had paid off.

If there was 1 person who wanted to pay me, then there would be 2, and then there would be more.

And I was right, I charged 5 times more than 9 months ago.

Helping clients win and getting leads as well.

You don't need too much to win. Focus on just 1.

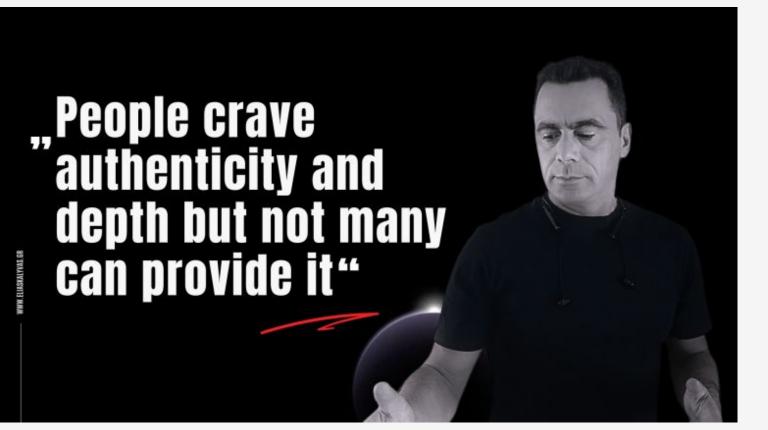




### Authenticity beats the algorithm. Don't copy others...



Elias Kalyvas • 1st Founder @My Mentor mobile app | Founder @Training Spark | MBA in Internat Book an appointment



### Be a voice, not an echo.

It's the real you—unfiltered, unpolished, and sometimes imperfect.



#### Coconut oil isn't just another cooking oil. It's my new secret weapon.



Yiannis Spetsakis • 1st

Cancer Survivor turned Men's Health Coach | I Help Ambitious Men Regain Their ... 15h • 🕟

## 7 Reasons Why Coconut Oil Is My Secret Weapon for Health



- 1. Boosts **Energy**
- 2. Boosts **Metabolism**
- 3. Better **Brain** Function
- 4. Improves **Heart** Health
- 5. Skin and Hair Moisturizer
- 6. Testosterone Optimization
- 7. Improves **Exercise Performance**

put together a 36-page guide that goes through step-by-step how you can reset your metabolism in 7 days.





## The Compounding Secret Sidewalkers Will Never Understand → The Fastlaner's Unfair Advantage

Fastlaners focus on creating scalable businesses and systems that generate significant wealth rapidly and give them control over their financial futures.

Learning how to learn is the fuel for your flywheel to building your fastlane.



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