

My top 5 this week

- "I will be happy if..."
- Your Biggest Obstacle To Success Isn't Real
- 8 Types of Procrastination
(That feel like productivity!)
- Whether we like it or not,
your offer is the bedrock of
any business.
- Your brain on knowledge steroids
Turn chaos into career gold



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"I will be happy if..."

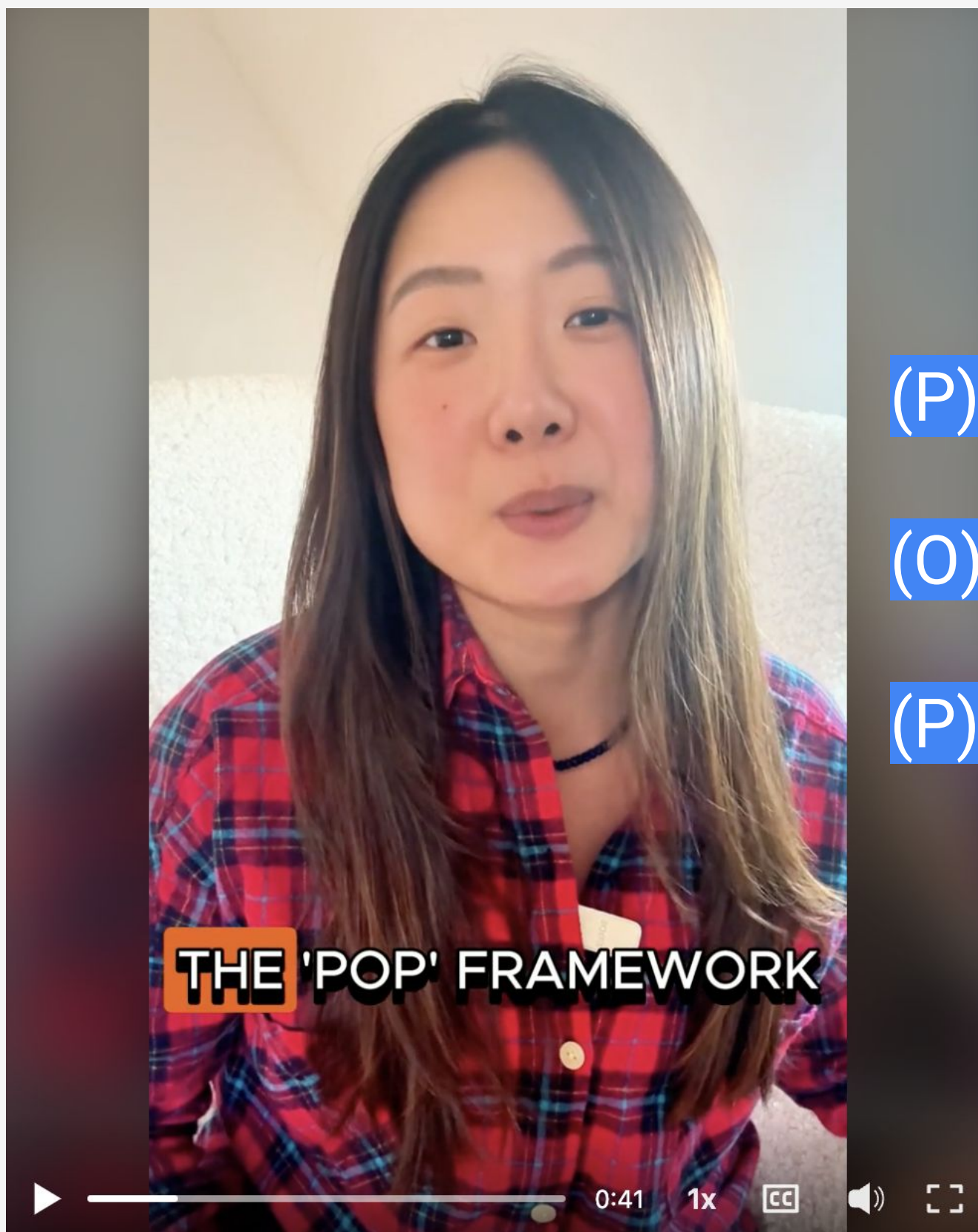


Kathy Low • 1st

Founder @ Covers | 'Pop' strategies for SMBs | Healthology Explorer

2d • 🌐

Change the self-talk from
"I will be happy if" to
"I am happy because..."



(P)ause & Reflect

(O)wn your intentions

(P)ractice with Effort



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Your Biggest Obstacle To Success Isn't Real



Graham Nicholls

Founder. I help people to help other people! An internationally best selling training provider & coach.

"You begin to fly when you let go of self-limiting beliefs and allow your mind and aspirations to rise to greater heights." —
Brian Tracy

Break Free from Limiting Beliefs ...

- Challenge the Narrative
- Reframe your Thoughts
- Take action Despite the Fear
- Surround Yourself with Supportive People
- Work with a Coach

You Are Enough



8 Types of Procrastination (That feel like productivity!)



César Solís • 1st

Oracle | Keeping visionary leaders informed on insights & events.

[View my newsletter](#)

1.

Over-Preparing:

"I need more planning or research before I start."

2.

Task Hopping:

"I'm getting things done, just not the hard stuff."

3.

Perfectionism:

"It's not ready yet," or "now isn't the right time."

4.

Fake Productivity:

"I'm busy, so I must be making progress."

5.

Helping Others:

"I'll do my work after I help everyone else."

6.

Fear-Based Delays:

"I don't want to mess this up."

7.

Revisiting Finished Work:

"Let me tweak this one more time before moving on."

8.

Avoiding Hard Conversations:

"I'll deal with it later."



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Whether we like it or not, your offer is the bedrock of any business.



Caleb Mc Aravey · 1st

I craft engaging email courses and newsletters that help digital health

1w ·

3 Pillars of an Irresistible Offer:



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Your brain on knowledge steroids

→ Turn chaos into career gold

⇒ Tom made his knowledge work for him.

He built a system turning scattered information into **a powerful, growing knowledge asset.**

Now Tom:

- Recalls key insights effortlessly
- Contributes confidently in meetings
- Sees his expertise compound, opening new opportunities



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Learning That Pays Dividends: Growing your Knowledge Fortune in Weeks, Not Years

February 26th
6 PM-8 PM CET/11 AM - 1 PM CST

In this focused **2-hour workshop**,
you'll discover how to:

- Retain 80% of what you learn (instead of losing it)
- Access your insights instantly when needed most
- **Build knowledge that compounds daily** (not starting from scratch)
- Turn scattered information into building blocks supporting your growth

