

7 ingredients for **Collaborative Learning**



Ensure **Executive backing**

Get C-suite to endorse it



Launch around a **shared moment of need**

- a milestone
- a market shift
- a ticking clock



Engagement is key!

On a scale of 1-5, how engaged do you plan to be in the session today?

What would it take to increase that number by 1?



Basic Rest Activity Cycle

One Cycle: 90-120 min

Harness the **BRAC** rhythm

Activity
80-90 min

Rest
10-30 min



Use models to build skills
without overloading minds

*combine with **I Do - You Do - We Do***



Embed a lot of **Practice**

Individual Prep Work

*Short, sharp 10-12 minute breakouts
keep the energy high*



Commitment in the session

When this happens, then I'll do that





GROW YOUR LEADERSHIP SKILLS

WITH GROUP COACHING BY BLINKIST



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