



**Knowledge, done right, is
about feeling empowered!**

4 Steps to Focused Divergence



1) Start with a first link

I add that link and open it in overlay mode

The screenshot shows a LinkedIn post titled "How to take Smart Notes - Key Insights" by Joshua Meyer. The post content includes sections for "Content preparation", "Linking", and "Purpose of taking Smart Notes". A red circle highlights the link "How to take Smart Notes" in the Linking section. An overlay window is open over the post, displaying the same content. A red circle highlights the link "How to take Smart Notes" in the overlay window. A red arrow points from the link in the overlay window to the link in the post. A red arrow also points from the link in the post to the link in the overlay window. The overlay window has a green background and contains the text "My writing window", "All connections with the Overlay note", and "Overlay Note".

LinkedIn Post at LinkedIn

My writing window

FOLLOW ME on LinkedIn

Content preparation
I experienced a new flow in...
During writing and phrasing...

Posted on LINKEDIN on 202...

Linking
• [My running list of 12 favo...](#)
• [How to take Smart Notes](#)

Linked mentions 1
▼ 46 LinkedIn posting

Unlinked mentions

S01 Personal/030-039 Areas/32 Zettelkasten/Fleeting notes to take Smart Notes - Key Insights.md 2289 (4041)

How to take Smart Notes - Key Insights

How to take Smart Notes - Key Insights

High level instructions for the Slip Box

1. Pay attention to what you write
2. Properly encode the information you want to keep
3. Practice recall

Purpose of taking Smart Notes

- Willpower is a limited resource that depletes quickly. And willpower improvement is limited.
 - this is connected to memorising and re-reading to retrieve the previous learning
 - success is **not** the result of strong willpower and overcoming resistance but of **smart working environments that avoid resistance in the first place**

All connections with the Overlay note

Overlay Note

0.84 | S01 Personal > 030-039 Areas > 32 Zettelkasten > Taking Smart Notes - Notes from a video by Joshua Meyer

0.84 | S01 Personal > 030-039 Areas > 32 Zettelkasten > BIBs during the course > Thoughts and Linking



2) Explore the connections w AI I skim through the links from my first note. Smart Connects AI at work.

How to take Smart Notes - Key Insights

High level instructions for the **Overlay Note**

1. Pay attention to what you want to remember
2. Properly encode the information you want to keep
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to take Smart Notes - Key Insights.md 2289 (4041)

- > [0.88 | S01 Personal > 030-039 Areas > 32 Zettelkasten > Permanent notes > Take notes after each chapter - Learnings > Footnotes](#)
- > [0.86 | S01 Personal > 030-039 Areas > 32 Zettelkasten > Permanent notes > Take notes after each chapter - Learnings > Footnotes](#)
- > [0.85 | S01 Personal > 030-039 Areas > 39 Build a 2nd brain > 39.02 Book Summarization > Zettelkasten method > Zettelkasten method > The Zettelkasten method](#)
- > [0.85 | S01 Personal > 030-039 Areas > 32 Zettelkasten > Permanent notes > Take notes after each chapter - Learnings > Take notes after each chapter - Learnings > What is next?](#)
- > [0.85 | S01 Personal > 030-039 Areas > 32 Zettelkasten > Fleeting notes > Developing a Zettelkasten > Linking](#)
- > [0.84 | S01 Personal > 030-039 Areas > 32 Zettelkasten > Literature notes > Notes from mindful productivity masterclass > Notes from mindful productivity masterclass > Session flow notes](#)

A Connection I skim

- It was **more fun**. I felt to **accomplish building my second brain** and **running through a CODE** (Capture-Organize-Distill-Express) cycle in **iterations**.
- It removed the **pain** from doing all that work at the end of reading.
- It **raised questions early on**. When building connections and externalising thoughts already while reading. These questions shaped reading the next chapters.
- On my **Remarkable**. To mention the page and just extract the main thought. So I had a fast jumping point when I then extracted the thought to my smart note.
- First time working with **Obsidian Footnotes**. Like that a lot as it makes the text simpler to follow and clean. I still need to level up on properly using Footnotes, but first step taken.

[0.85 | S01 Personal > 030-039 Areas > 39 Build a 2nd brain > 39.02 Book Summarization > Zettelkasten method > Zettelkasten method > The Zettelkasten method](#)

[0.85 | S01 Personal > 030-039 Areas > 32 Zettelkasten > Permanent notes > Take notes after each chapter - Learnings > Take notes after each chapter - Learnings > What is next?](#)

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[0.84 | S01 Personal > 030-039 Areas > 32 Zettelkasten > Literature notes > Notes from mindful productivity masterclass > Notes from mindful productivity masterclass > Session flow notes](#)



3) Explore with the Graph View

I leverage the connections I created in the past

How to take Smart Notes - Key Insights

How to take Smart Notes - Key Insights

High level instructions for **Overlay Note**

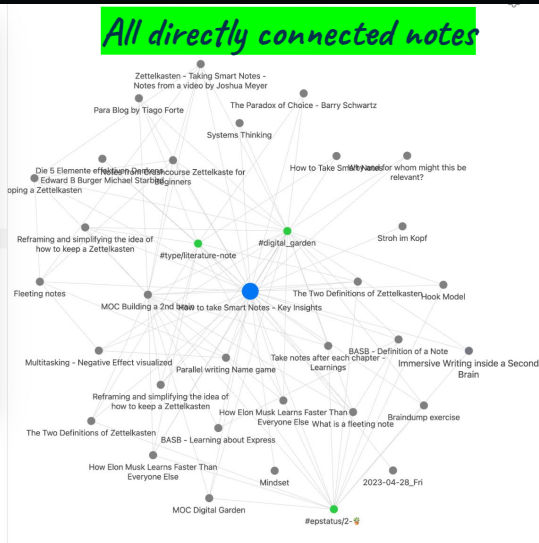
1. Pay attention to what you want to remember
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mentions 1

LinkedIn posting 1



4) Obsidian GPT to explore further



You

Me asking in Chat GPT using Obsidian Smart Connect GPT

Based on my notes, I want to write an article about my immersive writing directly in my Second Brain in Obsidian. What sources should I consider and what might be an outline of supporting thoughts? I want to connect it with strong support for diverging but still being connected with what I already learned about a topic. With far less distractions as I stay in my writing context. With fun surving my knowledge and the small discoveries along the way.

1. Content Preparation and Personal System:

Ideas with direct links to my notes

- You've noted the importance of building an efficient personal system for capturing and organizing knowledge, which prevents the need to re-learn the same things repeatedly. Utilizing Obsidian and the PARA app enhance this process.
- **Source:** I was tired of constantly re-

2. Reducing Distractions:

- Discuss how immersive writing in Obsidian within a singular, organized workspace can reduce cognitive overload.
- **Source:** Do you ever get angry at ha

3. Curiosity and Discovery:

- Highlight how Obsidian can foster curiosity and deep thinking, which allows for unexpected connections.
- **Source:** The 9 Habits of Curious Mir

Suggested Article Outline:

An Article outline

- **Introduction:** Discuss the concept of immersive writing and its connection to a personal knowledge management system like Obsidian.
- **Building a Personal System:** Explain how Obsidian and PARA can help organize knowledge efficiently, reducing the need to re-learn and maintaining focus.
- **Minimizing Distractions:** Outline strategies within Obsidian to help keep the writer's flow uninterrupted, using tools and methods that facilitate deep work.
- **Encouraging Curiosity:** Detail how Obsidian supports a curious mindset through networked thoughts and the joy of discovery within your knowledge base.
- **Conclusion:** Reflect on the overall impact of using Obsidian for immersive writing and how it can enhance personal and professional growth.





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WITH GROUP COACHING BY BLINKIST



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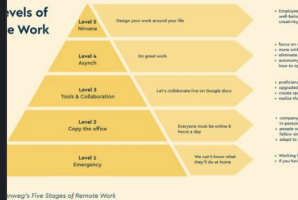


👍 3 · 4 comments

Post

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Levels of Remote Work

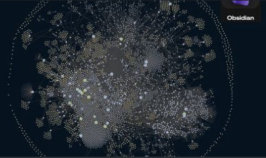


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